

Ms. Saba Javed

Ms. Saba is a Psychologist from Pakistan. Currently she is working as a Psychology Lecturer in a private university of Pakistan. She has vast experience of working with adults in different mental health settings.

She is doing students' counseling in reputed university over the last 5 years. She has presented papers in international conferences. She has appeared on various TV channels as a guest speaker to give talks on mental health issues. She is passionate to improve the quality of mental health across the globe.