

**KATINDA NDOLA**

**THE FOUNDER OF [confidenceandselfesteem.com](http://confidenceandselfesteem.com)**

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Katinda Ndola is an Author, Speaker, Disruptor/Change maker, Personal Development Coach who inspires people around the world to increase their emotional vibration by providing the most inspiring tools, strategies and courses that brings more harmony, love, inner peace and happiness in people's lives. She helps you to feel good about yourself, follow your heart, create true freedom in your life and build your confidence and self- esteem muscle.

Among the many hats she wears, she is the author of “The Big Comeback” serial entrepreneur. She is a Latrobe, Victoria and Monash university graduate where she studied political science, Business information systems and Certificate IV in training and assessment. Lives in Melbourne, Victoria, Australia, From Nairobi, Kenya.